

# The Power Of Kabbalah

Yeah, reviewing a books **The Power Of Kabbalah** could add your close associates listings. This is just one of the solutions for you to be successful. As understood, achievement does not suggest that you have astounding points.

Comprehending as with ease as deal even more than further will pay for each success. bordering to, the proclamation as with ease as keenness of this The Power Of Kabbalah can be taken as skillfully as picked to act.

## **True Prosperity** - Yehuda Berg 2010-12

Everyone wants to be financially successful, but great financial success often brings negative side effects in other areas. In this exciting book, Yehuda Berg shows why the true purpose of our lives is complete happiness and total fulfillment. Drawing on the lessons of years of study and teaching, True Prosperity shows how the teachings of Kabbalah, the world's oldest body of spiritual wisdom, can be used every day and every moment not only to achieve success in one aspect of life, but to avoid the setbacks in other areas that can render any accomplishment empty and meaningless.

## Meditation and Kabbalah - Aryeh Kaplan 1995

Meditative methods of Kabbalah. A lucid presentation of the meditative methods, mantras, mandalas and other devices used, as well as a penetrating interpretation of their significance in the light of contemporary meditative research.

## **Kabbalistic Astrology** - Rav P. S. Berg 2010-09-17

Ancient Kabbalistic mysticism and the search for meaning by looking to the stars are related in ways that may surprise readers. Kabbalah, in fact, offers arguably the oldest and wisest application of astronomy and astrology known to humankind. Kabbalistic Astrology is a tool for understanding one's individual nature at its deepest level and putting that knowledge to immediate use in the real world. A natural addition to Berg's many writings on spirituality, the book explains why destiny is not

the same as predestination and shows that we have many possible futures and can become masters of our fate. Written in Berg's trademark clear, intelligible style, the book teaches how to discover challenges faced in previous incarnations and how to overcome them, as well as the secrets to finding the love, success, and spiritual fulfillment.

## **Kabbalah, Magic, and the Great Work of Self-transformation** -

Liam Thomas Christopher 2006

Based on an innovative blend of Kabbalah and magic, a step-by-step program toward spiritual attainment guides readers through each level of the the Golden Dawn system of ritual magic and its corresponding sphere in the Kabbalah Tree of Life. Original. 10,000 first printing.

## Days of Power - Philip S. Berg 2005-01-01

With the second volume of "Days of Power", Kabbalist Rav Berg continues his revelation of the secret energies of the holidays. This is vital information, and it has never been more urgently needed than it is today. For as the Rav makes clear, there is only one solution to the chaos that now besets the world. That solution is the wisdom of Kabbalah, and the powerful energies that become accessible to us at specific moments of the year. These moments are the holidays, each of which has unique power and purpose. Moreover, the power and purpose of the holidays are intended for everyone. Like Kabbalah itself, the holidays transcend any religion or nationality. They are truly the shared birthright of all humankind. By bringing the power of the holidays into our lives, we can

transform ourselves. What's more, as greater and greater numbers of people achieve this transformation, pain, suffering and every form of chaos will literally be erased forever. Even death itself will cease to hold dominion. This is not a dream. It is not even a miracle as that word is usually understood. Rather, it is the true purpose of our existence. Far from being mere commemorations, the holidays are key tools for attaining that purpose, and "Days of Power" is a practical users manual for each and every holiday.

*Power of Kabbalah* - Yehudah Berg 2000

The Power of Kabbalah brings you that long-suppressed wisdom in a highly accessible, eminently practical form. For the first time, the secret teachings of the ancient kabbalists are brought to bear on the real world issues that you face every day -- in your career, with friends and family, and in your innermost personal thoughts. Most importantly, The Power of Kabbalah reveals not only what life means, but also the actions you can take right now to create the life you want and deserve.

*Mystifying Kabbalah* - Boaz Huss 2020-09-10

Most scholars of Judaism take the term "Jewish mysticism" for granted, and do not engage in a critical discussion of the essentialist perceptions that underlie it. *Mystifying Kabbalah* studies the evolution of the concept of Jewish mysticism. It examines the major developments in the academic study of Jewish mysticism and its impact on modern Kabbalistic movements in the contexts of Jewish nationalism and New Age spirituality. Boaz Huss argues that Jewish mysticism is a modern discursive construct and that the identification of Kabbalah and Hasidism as forms of mysticism, which appeared for the first time in the nineteenth century and has become prevalent since the early twentieth, shaped the way in which Kabbalah and Hasidism are perceived and studied today. The notion of Jewish mysticism was established when western scholars accepted the modern idea that mysticism is a universal religious phenomenon of a direct experience of a divine or transcendent reality and applied it to Kabbalah and Hasidism. "Jewish mysticism" gradually became the defining category in the modern academic research of these topics. This book clarifies the historical, cultural, and political contexts

that led to the identification of Kabbalah and Hasidism as Jewish mysticism, exposing the underlying ideological and theological presuppositions and revealing the impact of this "mystification" on contemporary forms of Kabbalah and Hasidism.

*Taming Chaos* - Philip S. Berg 2003

In this significant work, eminent Kabbalist Rav Berg explains how it is possible to simply and easily tame the chaos in life with the tools found in the wisdom of Kabbalah. According to Rav Berg, chaos is not random but the result of an incomplete understanding of one's own personal power and the spiritual systems that can energise life. Only by becoming fully cognisant can the human mind bring lasting order out of chaos. Readers will discover a millennia-old methodology that provides access to a bank account of positive energy. Designed to help people maintain order, even when it seems to be impossible, a copy of this book belongs on every shelf.

**Life Rules** - Yehuda Berg 2005

Explains the basic teachings of the kabbalah, using examples taken from the lives of teenagers and the author, and gives exercises at the ends of the chapters to help readers think about what they have read.

*The Kabbalah of Light* - Catherine Shainberg 2022-06-28

- Shares 159 short exercises and practices to tap instantly into your subconscious mind and receive answers to your most important questions
- Explains how to dialogue with and understand the imagery and metaphors that arise during these practices
- Offers powerful practices to discover your areas of "stuckness" and quickly clear them, thus releasing past traumas and ancestral patterns and freeing the flow of the imagination for enhanced creativity and joy in life

In this step-by-step guide to kabbalistic practices to connect with your natural inner genius and liberate the light within you, Catherine Shainberg reveals how to tap instantly into the subconscious and receive answers to urgent questions. This method, called the Kabbalah of Light, originated with Rabbi Isaac the Blind of Posquieres (1160-1235) and has been passed down by an ancient kabbalistic family, the Sheshet of Gerona, in an unbroken transmission spanning more than 800 years. The modern

lineage holder of the Kabbalah of Light, Shainberg shares 159 short experiential exercises and practices to help you begin dialoguing with your subconscious through images. The images that pop up during these practices are unexpected and revelatory, and she discusses how to open them to greater understanding. At first, they may show you aspects of yourself you don't like. But seeing them serves as both a diagnosis and a direct path to transformation. Fast and simple, the practices can help you discover your areas of "stuckness," release past traumas and ancestral patterns, free the imagination, and open the way to the bliss promised us in the Garden of Eden. Beginning this fertile dialogue with your inner world leads you to uncover your soul's purpose and manifest your dreams in this world. Once your inner dream world and outer reality have merged, you will be able to see your superconscious--your soul's blueprint--and experience the ecstatic illumination of a heart-centered life.

*Kabbalah Made Easy* - Maggy Whitehouse 2011-04-28

*Kabbalah Made Easy* is a down-to-earth, no-red-strings-attached look at the Judaic mystical system that has been made famous by the Kabbalah Center. The book explains why Kabbalah can seem so complex and breaks the system down into simple, understandable chunks. It examines the different systems that are in operation today including the Lurianic tradition, the Golden Dawn, magical, alchemical and Christian Kabbalah as well as the re-emerging Toledano Tradition, which is taking Kabbalah back to its roots while making it accessible to the modern world. The book explains the basics of the Kabbalistic Tree of Life diagram as well as the four worlds of Jacob's Ladder. It includes Kabbalistic lore on angels, astrology and gematria, as well as exercises and meditations that are simple but profound.

**The Power of Kabbalah Card Deck** - Yehuda Berg 2007-08-28

This engaging deck of 72 cards distills the essence of Yehuda Berg's best-selling book, *The Power of Kabbalah*, offering a new and accessible way to learn about this ancient wisdom. Each card features a key passage selected from the book, followed by a thought-provoking question or exercise, making the cards highly interactive tools for

spiritual growth and transformation.

**The Power of Kabbalah** - Yehuda Berg 2004

Describes how the secret wisdom tradition known as the cabala can provide guidelines for reaching the universe of light that practitioners believe exists beyond the everyday world.

*The Kabbalistic Bible* - Yehuda Berg 2008-01-01

Text in English & Hebrew. Most people know that Exodus, the second book of the Bible and the second of the Five Books of Moses, tells the story of Moses leading the Israelites out of bondage. But what they don't know is the story behind Exodus, or how they can use this backstory to connect with a higher realm. Kabbalah teaches that the lesson of the parting of the Red Sea is that within all humans lies the power to do anything if they relinquish fear and inject certainty into the equation: consciousness controls reality. This new rendition of Exodus is the second book of the Kabbalistic Bible, which forms a bridge between the Zohar, the sacred text of Kabbalah, and the Torah or Bible. Edited and annotated by noted Kabbalah scholar Yehuda Berg, this volume is printed front-to-back, with Hebrew and English translations printed on facing pages.

**Rebooting** - Yehuda Berg 2007

Outlines a drug-free approach to overcoming depression, drawing on ancient Kabbalah philosophies to counsel sufferers on how to break cycles of depression, reconnect with desire, and reclaim their lives, in a guide that is complemented by inspirational case stories.

*The Power of You* - Rav P. S. Berg 2004

A "kabbalistic" guide to achieving personal fulfillment delves into the four-thousand-year-old tradition of Jewish mysticism to explore the universal laws that govern the universe and human affairs, showing readers how to release their potential and change bad habits. Original.

**Introduction to the Book of Zohar, Volume 1** - Yehuda Ashlag 2005-01-01

The Science of Kabbalah (Pticha) is the first in a series of texts that Rav Michael Laitman, Kabbalist and scientist, designed to introduce readers to the special language and terminology of the Kabbalah. Here, Rav

Laitman reveals authentic Kabbalah in a manner that is both rational and mature. Readers are gradually led to an understanding of the logical design of the Universe and the life whose home it is. The Science of Kabbalah, a revolutionary work that is unmatched in its clarity, depth, and appeal to the intellect, will enable readers to approach the more technical works of Baal HaSulam (Rabbi Yehuda Ashlag), such as 'Talmud Eser Sefirot' and Zohar. Although scientists and philosophers will delight in its illumination, laymen will also enjoy the satisfying answers to the riddles of life that only authentic Kabbalah provides. Now, travel through the pages and prepare for an astonishing journey into the 'Upper Worlds'.

**The Red String Book** - Yehuda Berg 2008

So what exactly fuels the popularity of the Red String, seen on the left wrists of so many celebrities? With the official Red String provided in the back of The Red String Book we offer everyone the opportunity to discover it for themselves. Rooted in the ancient, timeless wisdom of Kabbalah, this simple tool holds the power of protection. No matter what race, religion, faith, or gender, anyone can experience transformation and ignite self-fulfillment as a result of reading The Red String Book.

*The Kabbalah Book of Sex* - Yehuda Berg 2010-09

The world is full of sex manuals instructing the reader on the ins and outs of great sex, but these tend to focus on only one aspect; the physical mechanics. According to Kabbalah, the key to fulfilling sex lies in self-awareness, not simply technique. The Kabbalah Book of Sex is a groundbreaking guide by acclaimed author and teacher Yehuda Berg. It offers readers kabbalistic tips for overcoming shame and lack of self-respect, as well as a way for accessing higher levels of connection to ourselves, to our partners, and to spirit. Through the ancient wisdom revealed here, the floodgates of passion and desire will open wide. Your sex will become the truly sacred connection it was always meant to be.

Kabbalah: Key to Your Inner Power - Elizabeth Clare Prophet 2009-10-19

"A masterpiece. The rich tradition of the Kabbalah comes to life in a language that is accessible even to those unfamiliar with this ancient and classic tradition." —Caroline Myss, Ph.D., New York Times bestselling

author of *Anatomy of the Spirit Mystics* are adventurers of the spirit who dare to push beyond the boundaries of orthodox tradition to pursue a common goal—the direct experience of God. *Kabbalah: Key to Your Inner Power* explores the once-secret Jewish mystical tradition known as Kabbalah. With intriguing new perspectives, it shows how we can use Kabbalah's extraordinary revelations about the creation of the universe, our relationship to God and our purpose in life to unlock our own spiritual power. It brings to life the path of the Jewish mystics—their joys and ecstasies, their sacred visions, and their practical techniques for experiencing the sacred in everyday life. Includes 36 illustrations, 19 charts and diagrams, pronunciation guide."

*The Kabbalah Unveiled* - S. L. MacGregor Mathers 2022-05-17

*The Kabbalah Unveiled* is a book concerning Kabbalah by freemason and occultist by S. L. MacGregor Mathers. Kabbalah is an esoteric method, discipline, and school of thought in Jewish mysticism. It is a set of esoteric teachings meant to explain the relationship between the unchanging, eternal God—the mysterious Ein Sof ("The Infinite")—and the mortal, finite universe (God's creation). It forms the foundation of mystical religious interpretations within Judaism. Historically, Kabbalah emerged from earlier forms of Jewish mysticism, in 12th- to 13th-century Spain and Southern France, and was reinterpreted during the Jewish mystical renaissance in 16th-century Ottoman Palestine. Jewish Kabbalists originally developed their own transmission of sacred texts within the realm of Jewish tradition. The *Kabbalah Unveiled* includes translations and commentaries of the books of Zohar: *The Book of Concealed Mystery*; *The Greater Holy Assembly*; and *The Lesser Holy Assembly*.

*Zohar, the Book of Enlightenment* - Daniel Chanan Matt 1983

This is the first translation with commentary of selections from The Zohar, the major text of the Kabbalah, the Jewish mystical tradition. This work was written in 13th-century Spain by Moses de Leon, a Spanish scholar.

*Kabbalah on Love* - Yehuda Berg 2006-12-01

Based on a popular series of talks given by renowned Kabbalist Yehuda

Berg, Kabbalah on Love offers a simple yet profound message: love is not something that is learned or acquired, but an essence within, waiting to be revealed. Buried by layers of ego, fear, shame, doubt, low self-esteem, and other limitations, love can only be activated by sharing and serving unconditionally. Only then will the layers fall away and the essence of love reveal itself. Berg makes the distinction between love and need — which is a selfish product of ego — and reminds readers that only after connecting with the love within, and learning to love themselves, can they truly love someone else. This charming book, published just in time for Valentine's Day, is also a thoughtful gift for any day of the year.

**Nano** - Philip S. Berg 2008

A forefront Kabbalah teacher explores the intersection between science, spirit, and Kabbalah wisdom, in a guide that considers the scientific concept of "less is more" in spiritual terms that are based on a philosophy that space will continue to diminish around people until they become united.

*The Way* - Michael Berg 2002-08-19

"The simple and practical wisdom I have gained by reading this book and studying Kabbalah is immeasurable." --Madonna "This book will inspire your soul. Michael Berg has accomplished the monumental task of translating the eternal truths of life into spiritual common sense. Without a doubt, *The Way* will become one of the sacred texts of your own life." - Caroline Myss, Ph.D., author of *Anatomy of the Spirit* and *Sacred Contracts* The spiritual way of Kabbalah has grown from a hidden treasure into a widespread mainstream movement that has helped people from every walk of life, all around the world, to improve their lives. In this bestselling book, Michael Berg of The Kabbalah Centre—the world's leading educational institution teaching the wisdom of Kabbalah—shows you how to recognize and understand the key spiritual laws in order to improve your life and the lives of everyone around you. *The Way* will teach you meditation and prayer techniques and how to reduce emotional chaos and increase personal harmony. At once groundbreaking and so clearly written that it is accessible to anyone following any spiritual path, *The Way* provides the spiritual power tools

to attain true fulfillment and happiness.

**Kabbalah on Sleep** - Yehuda Berg 2009-01-01

Based on a premise that the purpose of sleep is more for soul rejuvenation than for bodily rest, a guide to achieving healthier, spiritually beneficial sleep draws on Kabbalistic philosophies to share counsel on such topics as understanding one's dreams, scanning the Zohar, and observing "all nighter" holidays.

**The Power of Kabbalah** - Yehuda Berg 2004

The new big thing in terms of spiritual enlightenment, the powerful principles of the Kabbalah have attracted a swathe of celebrity followers ranging from Madonna, Jerry Hall, Elizabeth Taylor, Mick Jagger and Guy Ritchie - as well as over 3.5 million other dedicated students worldwide. Previously shrouded in secrecy, its teachings were passed down orally from generation to generation to only an elite few. Now, in *THE POWER OF KABBALAH*, Rabbi Yehuda Berg has created a user's manual for today's world, in which its wisdom is conveyed in a highly accessible, practical form for all to follow. For the first time, these secret teachings are brought to bear on the real world issues faced by us everyday - in our careers, with family and friends, and in our innermost personal thoughts. Rabbi Yehuda Berg sets out a practical collection of principles and instructions for improving our lives - helping us to get to where we really want to be emotionally, spiritually, financially and creatively in all aspects of our life. This truly spiritual book reveals not only what life means, but the actions we can each take to create the life we want and deserve.

*God Does Not Create Miracles, You Do!* - Yehuda Berg 2005-01-01

Inexplicable changes in luck, rapid recovery from illness, chaos turned to peace — Yehuda Berg shows how anything is possible when readers learn the Kabbalah's miraculous secrets. Drawing on his 13 years of teaching this ancient form of spiritual technology to thousands of students, Berg reveals an extremely practical, step-by-step system for helping readers create extraordinary events and astonishing miracles in their daily lives. A number of helpful exercises are included.

*Kabbalah* - Mari Silva 2021-02-07

Do you find yourself drawn to the mystical Kabbalah? Are you a beginner, seeking to understand what this wonderful, Kabbalistic way of life is all about? Perhaps you're seeking more information about Jewish mysticism? Whatever the case, this book will show you the very basics about Kabbalah, the essential philosophies that form the foundations of Jewish mysticism, and how you can apply this knowledge to your life. In this book, you'll learn: What the Kabbalah is (and what it isn't!) The Hermetic Qabalah, and its fundamental principles The core Kabbalistic concepts you need to know to get your practice right The angels that are most relevant to the practice of Kabbalah Kabbalah and its divine connection to the stars The difference between the knowable and unknowable Divine The five levels of your soul and how we ascend them and descend them The sacred Kabbalistic texts that form the main source of your Kabbalistic knowledge And lots more! With this handy guidebook as your starting point, you can finally take the plunge into your practice of Kabbalah. You will find this book to be a refreshing one, as you learn that you don't have to be a rabbi, or know how to speak fluent Hebrew or Aramaic, or even be a Jew before you enjoy the light of the Kabbalah in your life. Before you read any other book, use this one as a launchpad, and you won't have to deal with the confusion that most beginners often experience when reading other texts. Click the "add to cart" button to learn how to follow the way of Kabbalah.

**Kabbalah and the Power of Dreaming** - Catherine Shainberg  
2005-02-16

A dynamic exposition of the powerful, ancient Sephardic tradition of dreaming passed down from the renowned 13th-century kabbalist Isaac the Blind • Includes exercises and practices to access the dream state at will in order to engage with life in a state of enhanced awareness • Written by the close student of revered kabbalist Colette Aboulker-Muscat In *Kabbalah and the Power of Dreaming* Catherine Shainberg unveils the esoteric practices that allow us to unlock the dreaming mind's transformative and intuitive powers. These are the practices used by ancient prophets, seers, and sages to control dreams and visions. Shainberg draws upon the ancient Sephardic Kabbalah tradition, as well

as illustrative stories and myths from around the Mediterranean, to teach readers how to harness the intuitive power of their dreaming. While the Hebrew Bible and our Western esoteric tradition give us ample evidence of dream teachings, rarely has the path to becoming a conscious dreamer been articulated. Shainberg shows that dreaming is not something that merely takes place while sleeping--we are dreaming at every moment. By teaching the conscious mind to be awake in our sleeping dreams and the dreaming mind to be manifest in daytime awareness, we are able to achieve revolutionary consciousness. Her inner-vision exercises initiate creative and transformative images that generate the pathways to self-realization.

**Kabbalah for Life** - Will Parfitt 2006

You will be amazed at the ways in which the Kabbalah can work as a powerful tool for self-realization, exploring important ideas about life, and discovering profound truths at the heart of existence. In *Kabbalah for Life*, teacher Will Parfitt takes you on a fascinating journey, explaining: the Tree of Life and how it relates to you; how to use the Kabbalah to explore your spirituality and express your personality; the Kabbalistic approach to the Tarot and pathworking; ways in which the Kabbalah can promote health and healing; angels and demons and how they relate to the Tree of Life; the Kabbalistic secrets of sexuality and self-fulfillment; and more. Discover how, with study and practice, the Kabbalah can deepen your connection to the universe and guide you throughout your life.

*The Essential Zohar* - Rav P.S. Berg 2011-11-30

For thousands of years, no book has been more shrouded in mystery than the Zohar, yet no book offers us greater wisdom. The central text of Kabbalah, the Zohar is a commentary on the Bible's narratives, laws, and genealogies and a map of the spiritual landscape. In *The Essential Zohar*, the eminent kabbalist Rav P. S. Berg decodes its teachings on evil, redemption, human relationships, wealth and poverty, and other fundamental concerns from a practical, contemporary perspective. The Zohar and Kabbalah have traditionally been known as the world's most esoteric sources of spiritual knowledge, but Rav Berg has dedicated his

life to making this concentrated distillation of infinite wisdom available to people of all faiths so that we may use its principles to live each day in harmony with the divine.

**The Power of Kabbalah for Teens** - Yehuda Berg 2008

Explains how following the teachings of the kabbalah can help teens to take more control of their lives by being proactive instead of reactive.

*The Dreams Book* - Yehudah Berg 2004

As Yehuda Berg showed with *The 72 Names of God*, hidden beneath the surface of ancient texts exist powerful, transformative technologies. In *Kabbalah: The Dreams Book*, Berg examines the meanings of dreams by using Kabbalistic principles. Dreams, he says, offer valuable messages and wisdom, and to ignore them is the same as leaving a potentially life-changing letter unopened. Berg shows readers how to interpret the directions in their dreams, from how to find a soul mate to ways to deflect negative energy and judgments.

*Beyond Blame* - Yehuda Berg 2006-10-31

In these uplifting personal stories, ordinary people describe in their own words how the teachings of Kabbalah enabled them to move beyond blame and transform their life experiences from victim status to mastery. Renowned Kabbalist Yehuda Berg provides an engaging spiritual overview that makes the book useful as well as inspirational. Through the book's stories and simple exercises, readers learn to accept personal responsibility, defeat the negative tendency to blame others, and live happier, more productive lives.

**Kabbalah** - Yehuda Berg 2009-10-01

From best-selling author and noted teacher and speaker Yehuda Berg comes a thought-provoking call to action on our current global crisis. Positing that our collective abdication of responsibility -- in every facet of our lives, including business and the economy, the environment, government and politics, healthcare, education, and religion -- has contributed to the problems and challenges we face, Berg asserts that taking responsibility for our actions (or lack thereof) and their consequences is the key to achieving change for the better. Berg urges readers to access the power within each of us, using the principles of

Kabbalah, in order to create the consciousness shift required for lasting positive change.

[The Power of Kabbalah](#) - From the Teachings of Rav Berg 2022-08

The familiar reality is the physical 1 percent material realm in which we live, yet there is another dimension the world beyond our five senses. According to Kabbalah, this is called the 99 percent realm. Everything we truly desire: love, joy, peace of mind, freedom, inspiration, and answers are available when we connect to the 99 percent reality. The problem is that most of us have inadvertently disconnected ourselves from this dimension. Imagine if we could access this source at will, and on a continuing basis. This is the power of Kabbalah. This foundational text features new content and is more accessible for meeting today's current challenges. Use the exercises included to break free of prevalent beliefs and habits which lead to negative choices. Readers will discover how to align their actions with their higher purpose, and become conscious of the unlimited possibilities in their own life.

[The Power of Kabbalah](#) - Yehuda Berg 2010

Describes how the secret wisdom tradition known as the Cabala can provide guidelines for reaching the universe of light that practitioners believe exists beyond the everyday world.

*The Essential Kabbalah* - Daniel C. Matt 2010-10-12

A translation of the Kabbalah for the layperson includes a compact presentation of each primary text and features a practical analysis and vital historical information that offer insight into the various aspects of Jewish mysticism.

**El poder de la Kabbalah / The Power of Kabbalah** - Yehuda Berg 2011-01-01

Our familiar reality is the physical 1 Percent Realm in which we live. Here we face challenges and obstacles 24/7. Yet there is another world called the 99 Percent Realm. According to Kabbalah everything we truly desire: love, joy, peace of mind, freedom, is available to us when we connect with this dimension beyond our five senses. When we reactively deal with our problems through anger, jealousy, fear, and insecurity we inadvertently disconnect ourselves from the source of lasting fulfillment.

Imagine if we could use our difficulties as steppingstones to constantly access the 99 Percent Utilizing kabbalistic tools we can rise above the limitations of this physical world and make a connection to this highest source of energy. The 13 principles found in this book are culled from

teachings that are more than 4000 old. When applied, these principles can help us to remove chaos, personal struggle, and despair and reconnect us to a destiny of lasting happiness. This is the power of Kabbalah.