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[These Bones Will Rise Again](#) - Panashe Chigumadzi 2018-06

What are the right questions to ask when seeking out the true spirit of a nation? In November 2017 the people of Zimbabwe took to the streets in an unprecedented alliance with the military. Their goal, to restore the legacy of Chiumurenga, the liberation struggle, and wrest their country back from over thirty years of Robert Mugabe's rule. In an essay that combines bold reportage, memoir and critical analysis, Zimbabwean novelist and journalist Panashe Chigumadzi reflects on the 'coup that was not a coup', the telling of history and manipulation of time, and the ancestral spirits of two women - her own grandmother and Mbuya Nehanda, the grandmother of the nation.

[Fairytales for Lost Children](#) - Diriye Osman 2013-09-01

FAIRYTALES FOR LOST CHILDREN is narrated by people constantly on the verge of self-revelation. These characters - young, gay and lesbian Somalis - must navigate the complexities of family, identity and the immigrant experience as they tumble towards freedom. Set in Kenya, Somalia and South London, these stories are imbued with pathos, passion and linguistic playfulness, marking the arrival of a singular new voice in contemporary fiction. Praise for FAIRYTALES FOR LOST CHILDREN: 'Fantastic writing. I am most highly impressed. I've read some of the stories more than once and saw in each of them plenty of talent everywhere - in every sinew and vein.' - NURUDDIN FARAH 'There is nothing more humbling than good writing except when the author is fiercely beautiful and ferociously generous of heart. That Diriye Osman should possess so much talent is only fair in light of his goodness. Read this book.' - MESHELL NDEGEOCELLO 'The characters in these fairy tales are displaced in multiple, complicated ways. But Osman's storytelling creates a shelter for them; a warm place which is both real and imaginary, in which they find political, sexual, and ultimately psychic liberation.' - ALISON BECHDEL 'East Africa. South London. Queer. Displaced. Mentally ill. My excitement over Osman and his writing comes, in part, out of delight at the impossibility of categorisation.' - ELLAH ALLFREY The Telegraph

[Who Wants To Buy an Expanded Edition of a Book of Poems?](#) - Gwee Li Sui 2015

It feels unkind to reveal a long-held secret of *Who Wants to Buy a Book of Poems?* published in 1988 - the published form, known and loved for years, is quite unlike the poet's original manuscript. In 1998, when Landmark Books sought to introduce Gwee Li Sui, it reckoned that a slim, focused volume could showcase his distinct voice better. That decision had led to the manuscript being halved and its shape changed subtly. Also, *Who Wants to Buy a Book of Poems?* was a very naughty book and, given the sensitivity of the times, a gentler text was published. The current book sees a couple of those changes reversed only because more readers today are able to bring the right frame of mind to their reading. While reading this unexpurgated edition, you may get a pricking sense of the poet being an excitable madman. What manner of madness he suffered remains unclear. With nothing left but silly speculations, do enjoy this recovered text or to correct your enjoyment of an old book you thought you knew.

[Ice Cream and Suicide](#) - Jack Ray 2017-10-07

A collection of poetry focusing on the hardships that come with shattered relationships, the feelings that bloom in love lost, and the experiences of finding closure. *Ice Cream And Suicide* is a personal look at the events that have scarred and inspired the author to begin poetry. The woman who Ray writes about has not one name, but many. The collection truly captures the dark side of love and is proof that words can kill just as bullets or hand grenades.

[Foxes on the Trampoline](#) - Charlotte Boulay 2014-04-01

The poems in *Foxes on the Trampoline* investigate worlds natural and man-made and the spaces in between, as they question how we are shaped by our surroundings and, in turn, shape them. They limn the

tenuous control we think we may have over nature, objects, and relationships, as the book wonders, What is enough? With language that is feverish, finely wrought, and wry, *Foxes on the Trampoline* travels through the landscapes of America, India, and contemporary art, examining the loneliness and solace to be found in each.

[Love You Forever](#) - Robert N. Munsch 1986

As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

[Typing with E.e. Cummings](#) - Lori Desrosiers 2019-08

Like e.e. cummings, Desrosiers writes about love and death. There is such sadness in her poetry, but beauty in her memories. She is carrying on in this life without her mother, father, and many others she has lost, yet she reflects on her love for her husband and stays in the now.

Reading Desrosiers' poetry is like reading small odes. We all are eavesdropping on words that are delicate and private such as: You can put your sorrows down now Mother / It is your daughter's turn to take / the concerns you carried for us. / I put your worries into this stone. / I carry it for you. Reading this book of poetry should be a pact we have with life. So beautifully written. --Gloria Mindock, editor of *Červená Barva Press*, author of *Whiteness of Bone*

[Parenting Matters](#) - National Academies of Sciences, Engineering, and Medicine 2016-11-21

Decades of research have demonstrated that the parent-child dyad and the environment of the family—“which includes all primary caregivers”—are at the foundation of children's well-being and healthy development. From birth, children are learning and rely on parents and the other caregivers in their lives to protect and care for them. The impact of parents may never be greater than during the earliest years of life, when a child's brain is rapidly developing and when nearly all of her or his experiences are created and shaped by parents and the family environment. Parents help children build and refine their knowledge and skills, charting a trajectory for their health and well-being during childhood and beyond. The experience of parenting also impacts parents themselves. For instance, parenting can enrich and give focus to parents' lives; generate stress or calm; and create any number of emotions, including feelings of happiness, sadness, fulfillment, and anger.

Parenting of young children today takes place in the context of significant ongoing developments. These include: a rapidly growing body of science on early childhood, increases in funding for programs and services for families, changing demographics of the U.S. population, and greater diversity of family structure. Additionally, parenting is increasingly being shaped by technology and increased access to information about parenting. *Parenting Matters* identifies parenting knowledge, attitudes, and practices associated with positive developmental outcomes in children ages 0-8; universal/preventive and targeted strategies used in a variety of settings that have been effective with parents of young children and that support the identified knowledge, attitudes, and practices; and barriers to and facilitators for parents' use of practices that lead to healthy child outcomes as well as their participation in effective programs and services. This report makes recommendations directed at an array of stakeholders, for promoting the wide-scale adoption of effective programs and services for parents and on areas that warrant further research to inform policy and practice. It is meant to serve as a roadmap for the future of parenting policy, research, and practice in the United States.

[Loved and Wanted](#) - Christa Parravani 2020-11-10

"Haunting, wild, and quiet at once. A shimmering look at motherhood, in all its gothic pain and glory. I could not stop reading." —Lisa Taddeo, #1 New York Times bestselling author of *Three Women* A stressed family, an unplanned pregnancy, and a painful, if liberating, awakening from the author of the lauded memoir *Her* Christa Parravani was forty years old, in a troubled marriage, and in bad financial straits when she learned she

was pregnant with her third child. She and her family were living in Morgantown, West Virginia, where she had taken a professorial position at the local university. Haunted by a childhood steeped in poverty and violence and by young adult years rocked by the tragic death of her identical twin sister, Christa hoped her professor's salary and health care might set her and her young family on a safe and steady path. Instead, one year after the birth of her second child, Christa found herself pregnant again. Six weeks into the pregnancy, she requested an abortion. And in the weeks, then months, that followed, nurses obfuscated and doctors refused outright or feared being found out to the point of, ultimately, becoming unavailable to provide Christa with reproductive choice. By the time Christa understood that she would need to leave West Virginia to obtain a safe, legal abortion, she'd run out of time. She had failed to imagine that she might not have access to reproductive choice in the United States, until it was too late for her, her pregnancy too far along. So she gave birth to a beautiful baby boy named Keats. And another frightening education began: available healthcare was dangerously inadequate to her newborn son's needs; indeed, environmental degradations and poor healthcare endangered Christa's older children as well. *Loved and Wanted* is the passionate story of a woman's love for her children, and a poignant and bracing look at the difficult choices women in America are forced to make every day, in a nation where policies and a cultural war on women leave them without sufficient agency over their bodies, their futures, and even their hopes for their children's lives.

Devotions - Mary Oliver 2020-11-10

A New York Times Bestseller, chosen as Oprah's "Books That Help Me Through" for Oprah's Book Club "No matter where one starts reading, *Devotions* offers much to love, from Oliver's exuberant dog poems to selections from the Pulitzer Prize-winning *American Primitive*, and *Dream Work*, one of her exceptional collections. Perhaps more important, the luminous writing provides respite from our crazy world and demonstrates how mindfulness can define and transform a life, moment by moment, poem by poem." —The Washington Post "It's as if the poet herself has sidled beside the reader and pointed us to the poems she considers most worthy of deep consideration." —Chicago Tribune Pulitzer Prize-winning poet Mary Oliver presents a personal selection of her best work in this definitive collection spanning more than five decades of her esteemed literary career. Throughout her celebrated career, Mary Oliver has touched countless readers with her brilliantly crafted verse, expounding on her love for the physical world and the powerful bonds between all living things. Identified as "far and away, this country's best selling poet" by Dwight Garner, she now returns with a stunning and definitive collection of her writing from the last fifty years. Carefully curated, these 200 plus poems feature Oliver's work from her very first book of poetry, *No Voyage and Other Poems*, published in 1963 at the age of 28, through her most recent collection, *Felicity*, published in 2015. This timeless volume, arranged by Oliver herself, showcases the beloved poet at her edifying best. Within these pages, she provides us with an extraordinary and invaluable collection of her passionate, perceptive, and much-treasured observations of the natural world.

The Mouthmark Book of Poetry - Nick Makoha 2017-07-27

'The mouthmark Book of Poetry' is an anthology of the individual-author titles published under the mouthmark poetry pamphlet series, comprising the work of Nick Makoha, Inua Ellams, Jacob Sam-La Rose, Jessica Horn, Truth Thomas, Denise Saul, Malika Booker, Janett Plummer and Warsan Shire. The series was conceived by flipped eye publishing's senior editor, Nii Ayikwei Parkes, as a means to get poets from non-mainstream backgrounds - including performance - into print. It was revolutionary for two reasons; first, it was a pamphlet series developed with a specific aim (later, tall-lighthouse would launch its pilot series, and, much later, Faber would launch its New Poets Initiative); second, it was a finite series - to end after ten pamphlets. After some success with the first two pamphlets in the series, Nick Makoha's 'The Lost Collection of an Invisible Man' (2005) and Inua Ellams' '13 Fairy Negro Tales' (2005), the Arts Council of England provided funding for the next four. It took six years for the series to be completed, but its impact far exceeded expectations. Authors such as Inua Ellams, Jacob Sam-La Rose (later editor of the last pamphlet in the series), Malika Booker, Nick Makoha and Warsan Shire, have risen to international prominence; three of the pamphlets were cited by the Poetry Book Society pamphlet selectors for their quality; two of the poets feature in the new Penguin Modern Poets series; and Truth Thomas's from his pamphlet 'Party of Black' (2006) was chosen for Nikki Giovanni's 'The 100 Best African American Poems' (Sourcebooks, 2010). Crucially, the series has retailed admirably as well,

with over 50,000 copies sold at events - and through conventional retail channels. Initially released exactly four years ago as a hardback that retained hallmarks of the iconic mouthmark series, such as the distinctive brown paper-look cover with bold black designs, this low-priced paperback edition seeks to introduce more readers to the work of the nine brilliant poets published under the series.

Wonderfully Made - Danika Cooley 2016-01-20

This book introduces a young child to the wonder of God's creation through the miracle of birth. From conception through the nine months within the mother's womb, the author takes us on a journey of discovery, a discovery of life.

Preparing My Daughter for Rain - Key Ballah 2014-08-24

A book of lessons dedicated to our daughters and future daughters, on how to survive.

Penguin Modern Poets 3 - Malika Booker 2017-01-26

The latest volume in Penguin Modern Poets series - moving and unflinchingly honest poems from three different cultures about experiences of the female body, the family, sexual politics and conflict *Your Family, Your Body* features the work of Malika Booker, the Guyanese-British writer and performer behind London- and Chicago-based collective Malika's Kitchen; the Pulitzer Prize-winning Sharon Olds, one of America's most brilliant, beloved and candid voices; and Warsan Shire, the award-winning poet and first ever Young Poetry Laureate of London who also lent her words to Beyoncé's visual album *Lemonade*. Inspired by Penguin's enormously successful '60s series of the same name, the Penguin Modern Poets are succinct, collectible, lovingly-assembled guides to the richness and diversity of contemporary poetry, from the UK, America and beyond. Every volume brings together representative selections from the work of three poets now writing, allowing the seasoned poetry fan and the curious reader alike to encounter our most exciting new voices.

The Pity - Steve Ely 2014

Born a Crime - Trevor Noah 2016-11-15

#1 NEW YORK TIMES BESTSELLER • More than one million copies sold! A "brilliant" (Lupita Nyong'o, Time), "poignant" (Entertainment Weekly), "soul-nourishing" (USA Today) memoir about coming of age during the twilight of apartheid "Noah's childhood stories are told with all the hilarity and intellect that characterizes his comedy, while illuminating a dark and brutal period in South Africa's history that must never be forgotten."—Esquire Winner of the Thurber Prize for American Humor and an NAACP Image Award • Named one of the best books of the year by The New York Times, USA Today, San Francisco Chronicle, NPR, Esquire, Newsday, and Booklist Trevor Noah's unlikely path from apartheid South Africa to the desk of *The Daily Show* began with a criminal act: his birth. Trevor was born to a white Swiss father and a black Xhosa mother at a time when such a union was punishable by five years in prison. Living proof of his parents' indiscretion, Trevor was kept mostly indoors for the earliest years of his life, bound by the extreme and often absurd measures his mother took to hide him from a government that could, at any moment, steal him away. Finally liberated by the end of South Africa's tyrannical white rule, Trevor and his mother set forth on a grand adventure, living openly and freely and embracing the opportunities won by a centuries-long struggle. *Born a Crime* is the story of a mischievous young boy who grows into a restless young man as he struggles to find himself in a world where he was never supposed to exist. It is also the story of that young man's relationship with his fearless, rebellious, and fervently religious mother—his teammate, a woman determined to save her son from the cycle of poverty, violence, and abuse that would ultimately threaten her own life. The stories collected here are by turns hilarious, dramatic, and deeply affecting. Whether subsisting on caterpillars for dinner during hard times, being thrown from a moving car during an attempted kidnapping, or just trying to survive the life-and-death pitfalls of dating in high school, Trevor illuminates his curious world with an incisive wit and unflinching honesty. His stories weave together to form a moving and searingly funny portrait of a boy making his way through a damaged world in a dangerous time, armed only with a keen sense of humor and a mother's unconventional, unconditional love.

Mommy and Daddy Love You Exactly As You Are! - Wade Galt 2007-09

Babies are so easy to love. It feels so natural to love a newborn child unconditionally. The love just naturally flows out of us. Nobody has to teach us. Nobody has to ask us. Nobody has to convince us. It just happens. How wonderful it would be if we could always love, cherish, and appreciate our children as gorgeous, loving, angels. How great it

would be to carry our love with us and maintain it powerfully forever. We can do that. We simply need to be nudged to remember. We just need to be reminded what we hold dear and precious. We only need to take time out for a few moments and bask in the memory (and the present moment reality) of what is so amazingly and divinely wonderful about our gifts from the divine. This book is one of those reminders. Read this to your children so they (and you) remember how much you love them.

Older Mothers - Julia C. Berryman 1998

What kinds of women start or add to their families at this stage in life? And what are their experiences? Psychologists Julia Berryman, Karen Thorpe and Kate Windridge carried out unique international research on older mothers.

Questions for Ada - Ijeoma Umebinyuo 2015-08-07

The artistry of QUESTIONS FOR ADA defies words, embodying the pain, the passion, and the power of love rising from the depths of our souls. Ijeoma Umebinyuo's poetry is a flower that will blossom in the spirit of every reader as she shares her heart with raw candor. From lyrical lushness to smoky sensuality to raw truths, this tome of transforming verse is the book every woman wants to write but can't until the broken mirrors of their lives have healed. In this gifted author's own words-"I am too full of life to be half-loved." A bold celebration of womanhood.

Tender Spot - Naomi Shihab Nye 2015-04

Reveals the nature of our daily lives. Probing the connection between language and meaning, this work shows how lives are marked by tragedy, inequity and misunderstanding, and that our chance of surviving losses and shortcomings is to be aware of the sacred in all things.

Her Blue Body - Warsan Shire 2015-11-19

Through her role as London's first Young Poet Laureate, Warsan Shire turned her eye to the city, interrogating the capital and its continuing transformation, even while lending voice to its oft unheard or under-represented communities and spaces. Collecting work authored during Shire's tenure, 'Her Blue Body' stands as testament and witness, negotiating the complexities of heritage, cultural sensitivity, sensuality, trauma and womanhood, framed and ordered by a sequence of memorial poems, focused through the lens of Shire's intimate and unflinching vision.

The N Word - Jabari Asim 2008-08-04

A renowned cultural critic untangles the twisted history and future of racism through its most volatile word. The N Word reveals how the term "nigger" has both reflected and spread the scourge of bigotry in America over the four hundred years since it was first spoken on our shores. Jabari Asim pinpoints Thomas Jefferson as the source of our enduring image of the "nigger." In a seminal but now obscure essay, Jefferson marshaled a welter of pseudoscience to define the stereotype of a shiftless child-man with huge appetites and stunted self-control. Asim reveals how nineteenth-century "science" then colluded with popular culture to amplify this slander. What began as false generalizations became institutionalized in every corner of our society: the arts and sciences, sports, the law, and on the streets. Asim's conclusion is as original as his premise. He argues that even when uttered with the opposite intent by hipsters and hip-hop icons, the slur helps keep blacks at the bottom of America's socioeconomic ladder. But Asim also proves there is a place for the word in the mouths and on the pens of those who truly understand its twisted history—from Mark Twain to Dave Chappelle to Mos Def. Only when we know its legacy can we loosen this slur's grip on our national psyche.

The Republic of Motherhood - Liz Berry 2018-07-12

'The Republic of Motherhood' Winner of the Forward Prize for Best Single Poem 'I crossed the border into the Republic of Motherhood and found it a queendom, a wild queendom.' In this bold and resonant gathering of poems, Liz Berry turns her distinctive voice to the transformative experience of new motherhood. Her poems sing the body electric, from the joy and anguish of becoming a mother, through its darkest hours to its brightest days. With honesty and unabashed beauty, they bear witness to that most tender of times - when a new life arrives, and everything changes.

Teaching My Mother How to Give Birth - Warsan Shire 2011-12-01

"Literary pointillism on a funky-out canvas."

Birth Partner 5th Edition - Penny Simkin 2018-10-09

Since the original publication of The Birth Partner, partners, friends, relatives, and doulas have relied on Penny Simkin's guidance in caring for the new mother, from her last trimester through the early postpartum period. Now fully revised in its fifth edition, The Birth Partner remains the definitive guide to helping a woman through labor and birth, and the essential manual to have at hand during the event. The Birth Partner

includes thorough information on: Preparing for labor and knowing when it has begun Normal labor and how to help the woman every step of the way Epidurals and other medications for labor Pitocin and other means, including natural ones, to induce or speed up labor Non-drug techniques for easing labor pain Cesarean birth and complications that may require it Breastfeeding and newborn care and much more For the partner who wishes to be truly helpful in the birthing room, this book is indispensable.

Seeing the Body: Poems - Rachel Eliza Griffiths 2020-06-09

Nominee for the 2021 NAACP Image Award in Poetry An elegiac and moving meditation on the ways in which we witness "bodies" of grief and healing. Poems and photographs collide in this intimate collection, challenging the invisible, indefinable ways mourning takes up residence in a body, both before and after life-altering loss. In radiant poems—set against the evocative and desperate backdrop of contemporary events, pop culture, and politics—Rachel Eliza Griffiths reckons with her mother's death, aging, authority, art, black womanhood, memory, and the American imagination. The poems take shape in the space where public and private mourning converge, finding there magic and music alongside brutality and trauma. Griffiths braids a moving narrative of identity and its possibilities for rebirth through image and through loss. A photographer as well as a poet, Griffiths accompanies the fierce rhythm of her verses with a series of ghostly, imaginative self-portraits, blurring the body's internal wilderness with landscapes alive with beauty and terror. The collision of text and imagery offers an associative autobiography, in which narratives of language, absence, and presence are at once saved, revised, and often erased. Seeing the Body dismantles personal and public masks of silence and self-destruction to visualize and celebrate the imperfect freedom of radical self-love.

My Mother Was a Freedom Fighter - Aja Monet 2017-05-01

I am 27 and have never killed a man but I know the face of death as if heirloom my country memorizes murder as lullaby —from "For Fahd" Textured with the sights and sounds of growing up in East New York in the nineties, to school on the South Side of Chicago, all the way to the olive groves of Palestine, My Mother Is a Freedom Fighter is Aja Monet's ode to mothers, daughters, and sisters—the tiny gods who fight to change the world. Complemented by striking cover art from Carrie Mae Weems, these stunning poems tackle racism, sexism, genocide, displacement, heartbreak, and grief, but also love, motherhood, spirituality, and Black joy. Praise for Aja Monet: "[Monet] is the true definition of an artist." —Harry Belafonte "In Paris, she walked out onto the stage, opened her mouth and spoke. At the first utterance I heard that rare something that said this is special and knew immediately that Aja Monet was one of the Ones who will mark the sound of the ages. She brings depth of voice to the voiceless, and through her we sing a powerful song." —Carrie Mae Weems Of Cuban-Jamaican descent, Aja Monet is an internationally established poet, performer, singer, songwriter, educator, and human rights advocate. Monet is also the youngest person to win the legendary Nuyorican Poet's Café Grand Slam title.

My Mother - Ann Taylor 1868

New Poets of Native Nations - Heid E. Erdrich 2018-07-10

A landmark anthology celebrating twenty-one Native poets first published in the twenty-first century New Poets of Native Nations gathers poets of diverse ages, styles, languages, and tribal affiliations to present the extraordinary range and power of new Native poetry. Heid E. Erdrich has selected twenty-one poets whose first books were published after the year 2000 to highlight the exciting works coming up after Joy Harjo and Sherman Alexie. Collected here are poems of great breadth—long narratives, political outcries, experimental works, and traditional lyrics—and the result is an essential anthology of some of the best poets writing now. Poets included are Tacey M. Atsitty, Trevino L. Brings Plenty, Julian Talamantez Brolaski, Laura Da', Natalie Diaz, Jennifer Elise Foerster, Eric Gansworth, Gordon Henry, Jr., Sy Hoahwah, LeAnne Howe, Layli Long Soldier, Janet McAdams, Brandy Nalani McDougall, Margaret Noodin, dg okpik, Craig Santos Perez, Tommy Pico, Cedar Sigo, M. L. Smoker, Gwen Westerman, and Karenne Wood.

Giving Birth with Confidence - Judith Lothian 2017-03-28

For a Safe and Healthy Birth... Your Way! Giving Birth with Confidence will help take the mystery out of having a baby and help you better understand how your body works during pregnancy and childbirth, giving you the confidence to make decisions that best ensure the safety and health of you and your baby. Giving Birth with Confidence is the first and only pregnancy and childbirth guide written by Lamaze International, the leading childbirth education organization in North

America. Written with a respectful, positive tone, the full version of this book presents:

- Information to help you choose your maternity care provider and place of birth
- Practical strategies to help you work effectively with your care provider
- Information on how pregnancy and birth progress naturally
- Steps you can take to alleviate fear and manage pain during labor
- The best available medical evidence to help you make informed decisions

Previously titled *The Official Lamaze Guide*, this 3rd edition has updated information on:

- How vaginal birth, keeping mother and baby together, and breastfeeding help to build the baby's microbiome.
- How hormones naturally start and regulate labor and release endorphins to help alleviate pain.
- Maternity-care practices that can disrupt the body's normal functioning.
- The latest recommendations on lifestyle issues like alcohol, vitamins, and caffeine.
- Room sharing and cosleeping: the controversy, recommendations, and safety guidelines.
- Out-of-hospital births are on the rise: New research and advice on planned home birth, including ACOG's revised guidelines, which support women's choices and promote seamless transfer to hospital, if needed.
- The importance of avoiding unnecessary caesareans for mother and child. Includes the new ACOG guidelines on inductions and active labor.
- The research in support of the Lamaze International's "Six Healthy Birth Practices," which are:
 - Let labor begin on its own.
 - Walk, move around, and change positions throughout labor.
 - Bring a loved one, friend, or doula for continuous support.
 - Avoid interventions that aren't medically necessary.
 - Avoid giving birth on your back and follow your body's urges to push.
 - Keep mother and baby together—it's best for mother, baby, and breastfeeding.

Crying in H Mart - Michelle Zauner 2021-04-20

NEW YORK TIMES BEST SELLER • From the indie rock sensation known as Japanese Breakfast, an unforgettable memoir about family, food, grief, love, and growing up Korean American—"in losing her mother and cooking to bring her back to life, Zauner became herself" (NPR) • CELEBRATING OVER ONE YEAR ON THE NEW YORK TIMES BEST SELLER LIST In this exquisite story of family, food, grief, and endurance, Michelle Zauner proves herself far more than a dazzling singer, songwriter, and guitarist. With humor and heart, she tells of growing up one of the few Asian American kids at her school in Eugene, Oregon; of struggling with her mother's particular, high expectations of her; of a painful adolescence; of treasured months spent in her grandmother's tiny apartment in Seoul, where she and her mother would bond, late at night, over heaping plates of food. As she grew up, moving to the East Coast for college, finding work in the restaurant industry, and performing gigs with her fledgling band--and meeting the man who would become her husband--her Koreanness began to feel ever more distant, even as she found the life she wanted to live. It was her mother's diagnosis of terminal cancer, when Michelle was twenty-five, that forced a reckoning with her identity and brought her to reclaim the gifts of taste, language, and history her mother had given her. Vivacious and plainspoken, lyrical and honest, Zauner's voice is as radiantly alive on the page as it is onstage. Rich with intimate anecdotes that will resonate widely, and complete with family photos, *Crying in H Mart* is a book to cherish, share, and reread.

dayliGht - Roya Marsh 2020-03-31

dayliGht is a dazzling collection of poems from a necessary new voice, at once a clarion call for stories of Black women and a rebuke of broken notions of sexuality and race. Growing up, Roya Marsh was considered "tomboy passing." With an affinity for baggy clothes, cornrows, and bandanas, she came of age in an era when the wide spectrum of gender and sexuality was rarely acknowledged or discussed. She knew she was "different," her family knew she was "different," but anything outside of the heteronorm was either disregarded or disparaged. In her stunning debut, written in protest to an absence of representation, Marsh recalls her early life and the attendant torments of a butch Black woman coming of age in America. In lush, powerful, and vulnerable verses, dayliGht unpacks traumas to unearth truths, revealing a deep well of resilience, a cutting sense of irony, and an astonishing fresh talent.

Brown Girl Dreaming - Jacqueline Woodson 2016-10-11

Jacqueline Woodson's National Book Award and Newbery Honor winner is a powerful memoir that tells the moving story of her childhood in mesmerizing verse. A President Obama "O" Book Club pick Raised in South Carolina and New York, Woodson always felt halfway home in each place. In vivid poems, she shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both accessible and emotionally charged, each line a glimpse into a child's soul as she searches for her

place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child. Her love of stories inspired her and stayed with her, creating the first sparks of the gifted writer she was to become. Includes 7 additional poems, including "Brown Girl Dreaming." Praise for Jacqueline Woodson: "Ms. Woodson writes with a sure understanding of the thoughts of young people, offering a poetic, eloquent narrative that is not simply a story . . . but a mature exploration of grown-up issues and self-discovery."—The New York Times Book Review

Made for This - Mary Haseltine 2018-03-07

Millions of women have felt the power of birth, and countless women long for it. But for too many, birth can seem like a purely clinical experience — something to get through as quickly as possible in order to get on with the joys of being a mother. In *Made for This*, author Mary Haseltine draws on Pope St. John Paul II's Theology of the Body to show that birth is an essential part of who God created women to be, body and soul. With real-life stories from many moms and practical tips — including preparing for birth, making informed choices, helping fathers embrace their role in the birth room, and encountering the work of labor — this book is an indispensable guide for navigating the physical and spiritual dimensions of pregnancy and birth. Expectant mothers will find the tools they need to approach birth as a gift, and to invite God into the experience. About the Author Mary Haseltine is a theology graduate and a certified birth doula and childbirth educator. With a passion for building a culture of life through the teachings of the Theology of the Body, she works to bring an awareness and practice of the teachings of the Church into the realm of childbirth, mothering, and pregnancy loss. She lives in Western New York with her husband and five sons. You can find more of her writing at www.betterthaneden.com.

Bless the Daughter Raised by a Voice in Her Head - Warsan Shire 2022-03-01

Poems of migration, womanhood, trauma, and resilience from the celebrated collaborator on Beyoncé's *Lemonade* and *Black Is King*, award-winning Somali British poet Warsan Shire "The beautifully crafted poems in this collection are fiercely tender gifts."—Roxane Gay, author of *Bad Feminist* "Shire is the real thing—fresh, cutting, indisputably alive."—Dwight Garner, *The New York Times* *Mama, I made it / out of your home / alive, raised by / the voices / in my head*. With her first full-length poetry collection, Warsan Shire introduces us to a young girl, who, in the absence of a nurturing guide, makes her own way toward womanhood. Drawing from her own life, as well as pop culture and news headlines, Shire finds vivid, unique details in the experiences of refugees and immigrants, mothers and daughters, Black women and teenage girls. In Shire's hands, lives spring into fullness. This is noisy life, full of music and weeping and surahs and sirens and birds. This is fragrant life, full of blood and perfume and shisha smoke and jasmine and incense. This is polychrome life, full of henna and moonlight and lipstick and turmeric and kohl. The long-awaited collection from one of our most exciting contemporary poets, this book is a blessing, an incantatory celebration of resilience and survival. Each reader will come away changed.

Glitter and Glam - Melanie Mills 2013-09-03

Dazzling Makeup Tips for Date Night, Club Night, and Beyond Maximize the glam, access your inner diva, grab the glitter, and get excited about makeup! With stunning photos, featuring stars like Jennette McCurdy, Ariana Grande, Brandy, and Willa Ford, and easy-to-follow step-by-step instructions, Melanie Mills shows you the makeup techniques for creating fun, trendsetting looks inspired by rock 'n' roll vixens and fairy tale characters. She inspires you to experiment with stunning makeup for all occasions, from a party or a night out with friends to a special date or anytime you want to amplify your look. Melanie offers advice on makeup for any skin tone, and shows you how to master color combinations, taking you through a rainbow of shades to inspire you to break out of your everyday color palette. These looks are stunning, sometimes wild, and guaranteed to make a statement!

Windows to Our Children - Violet Oaklander 1988

Susu Alphabets Book - Rajesh Kumar Shukla 2016-01-01

Susu Alphabet book is an instruction tool that can be used in conjunction with the classroom or at home for kids. In book used real objects to right identification. In such that the teacher can use the cover of the booklet to introduce students to an individual. Use this book with kids who are learning and Start speak and identifying real worlds. This is best for first book for your child, book offers an engaging new way for children to discover and learn concepts of the alphabet. Kids learn by running their

finger along large, letters and object they can explore each object on every study page.

nectar - Upile Chisala 2019-10-01

In nectar, Chisala guides readers through a beautiful process of growth and renewal. These poems celebrate our always complex, sometimes troubled roots while encouraging us to grow through and beyond them toward a passionate self-love. Chisala's hope is that her words will encourage readers to sow seeds of change in their own lives and the lives of others.

Counselling for Maternal and Newborn Health Care - World Health Organization 2010

The main aim of this practical Handbook is to strengthen counselling and communication skills of skilled attendants (SAs) and other health providers, helping them to effectively discuss with women, families and communities the key issues surrounding pregnancy, childbirth, postpartum, postnatal and post-abortion care. *Counselling for Maternal and Newborn Health Care* is divided into three main sections. Part 1 is an

introduction which describes the aims and objectives and the general layout of the Handbook. Part 2 describes the counselling process and outlines the six key steps to effective counselling. It explores the counselling context and factors that influence this context including the socio-economic, gender, and cultural environment. A series of guiding principles is introduced and specific counselling skills are outlined. Part 3 focuses on different maternal and newborn health topics, including general care in the home during pregnancy; birth and emergency planning; danger signs in pregnancy; post-abortion care; support during labor; postnatal care of the mother and newborn; family planning counselling; breastfeeding; women with HIV/AIDS; death and bereavement; women and violence; linking with the community. Each Session contains specific aims and objectives, clearly outlining the skills that will be developed and corresponding learning outcomes. Practical activities have been designed to encourage reflection, provoke discussions, build skills and ensure the local relevance of information. There is a review at the end of each session to ensure the SAs have understood the key points before they progress to subsequent sessions.