

The Psychology Of Health And Health Care A Canadian Perspective 5th Edition

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[Key Concepts in Health Psychology](#) - Ian Albery 2008-01-24

While current textbooks in health psychology offer the reader some conceptual reasoning about different aspects of the discipline, there is no one source which provides an accessible, navigable and cross-referenced analysis of the major models and ideas in health psychology. Key Concepts in Health Psychology provides a 'one stop' analysis of key issues, theories, models and methods in contemporary health psychology. It enables the reader to engage with a full range of approaches and methods in the field, and importantly to be able to appreciate the relationships between these.

[The New Psychology of Health](#) - Catherine Haslam 2018-05-04

Why do people who are more socially connected live longer and have better health than those who are socially isolated? Why are social ties at least as good for your health as not smoking, having a good diet, and taking regular exercise? Why is treatment more effective when there is an alliance between therapist and client? Until now, researchers and practitioners have lacked a strong theoretical foundation for answering such questions. This ground-breaking book fills this gap by showing how social identity processes are key to understanding and effectively managing a broad range of health-related problems. Integrating a wealth of evidence that the authors and colleagues around the world have built up over the last decade, The New Psychology of Health provides a powerful framework for reconceptualising the psychological dimensions of a range of conditions - including stress, trauma, ageing, depression, addiction, eating behaviour, brain injury, and pain. Alongside reviews of current approaches to these various issues, each chapter provides an in-depth analysis of the ways in which theory and practice can be enriched by attention to social identity processes. Here the authors show not only how an array of social and structural factors shape health outcomes through their impact on group life, but also how this analysis can be harnessed to promote the delivery of 'social cures' in a range of fields. This is a must-have volume for service providers, practitioners, students, and researchers working in a wide range of disciplines and fields, and will also be essential reading for anyone whose goal it is to improve the health and well-being of people and communities in their care.

The Social Psychology of Health - William D. Marelich 2004-02-03

The 26 readings in this volume offer an integrative approach to understanding health psychology using social psychological principles.

EBOOK: Psychology And Health Promotion - Paul Bennett 1997-09-16

What part do behavioural and psychological factors play in the health of an individual? Which theories contribute to health promotion at the individual and community level? How effective are such interventions in improving people's health? Psychology and Health Promotion is the first book to set out in clear and authoritative terms the role of psychological theory in health promotion. It adopts both structuralist and social regulation models of health and health promotion, considering the significance of psychological processes in each case. The authors examine how behaviour and the social environment may contribute to health status and how psychological processes may mediate the effect of environmental conditions. They go on to consider the theory underlying interventions that are aimed at individuals and large populations, and the effectiveness of attempts to change both individual behaviour and the environmental factors that may contribute to ill-health. This highly approachable volume is structured as a textbook and includes a summary and further reading at the end of each chapter, as well as a substantial bibliography. It is

designed to provide an invaluable resource for advanced undergraduate and postgraduate courses in health psychology, clinical psychology and social psychology as well as students and practitioners in health and social welfare, including health promotion.

Handbook of Psychology and Health, Volume IV - Shelley E. Taylor 2020-08-14

Originally published in 1984, the study of psychological aspects of health was a rapidly expanding enterprise. Most of the contributors to this volume were trained as social psychologists or by social psychologists. Some have been more applied in their focus or on the edge of several fields. All, however, share a common approach, focusing on the individual as he or she is buffeted about by social forces and copes with these forces. All consider situational and psychological factors in the determination of behavior, emotion, or cognition and all apply their expertise to the study of health-related issues. The grouping of the chapters in this volume by the authors' subspecialty, social psychology, is a somewhat unconventional method of clustering. Ordinarily, the materials presented here would be published in journals or texts concerned with behavior or psychosocial in health and medicine, or in specialty publications dealing with a particular disease or health issue. That clustering of articles is functional in providing information to those most likely to utilize it, but it diffuses the origin and background of the studies. These chapters speak to the diversity of health issues that are amenable to successful social psychological analysis.

[Essential Psychology for Nurses and Other Health Professionals](#) - Graham Russell 2002-01-08

This text examines the concepts which are fundamental to everyday nursing practice. Understanding how individuals function psychologically in health and illness is vital to providing appropriate care for all patients and clients. Assuming no previous knowledge of the subject, the author explores the basis of individual psychology focusing on personality traits, beliefs systems, body-image and self-esteem. Periods of illness are seen as psychologically demanding events which individuals cope with in different ways. The book considers how we recognize and interpret the signs and symptoms of illness in ourselves, what influences the decision to seek help and whether or not we comply with advice from health professionals. The contribution of psychological factors to physical wellbeing is also examined and the link between psychological theory and patient care is examined throughout the book. With scenarios and questions to help the reader apply the concepts to nursing practice Essential Psychology for Nurses provides an excellent introduction to the subject for pre-registration students and those studying psychological concepts in relation to health care.

[Roots of Positive Change](#) - Liana Lianov 2019-12-21

Roots of Positive Change, Optimizing Health Care with Positive Psychology reviews the science of positive psychology and its impact on health and well-being, providing guidance to physicians and other health professionals on how to practically implement this science into clinical practice. The book is written in a format that is accessible to anyone interested in the topic and applying it to their personal well-being. The foreword by eminent positive psychology researcher, Barbara Fredrickson, sets the stage for this pioneering book, which is a breakthrough in the movement to harness positive psychology for health care. Key topics covered include activities that boost positive emotions and improve emotional well-being (such as mindfulness, gratitude practice, and acts of kindness); positive activities as part of treatment of chronic diseases; coaching health behavior change; teaching and advocating for positive psychology in health care; and promoting well-being of physicians and other health care workers. The book acknowledges that more

research is needed to delineate best practices for applying positive psychology in health care, and paves the way for such research. Innovative, yet practical, this contribution to the health, medical and psychology literature will resonate as an essential reference for those aiming to make a difference in their personal health and well-being and in the lives of their patients.

Handbook of Health Psychology and Aging - Carolyn M. Aldwin 2007-01-26

Offering a fresh, authoritative take on a topic of increasing relevance, this book is comprehensive in scope, yet concise and accessible. Key contributors from health psychology, gerontology, and related fields pool their knowledge.

Existential Health Psychology - Patrick M. Whitehead 2019-06-24

This volume critiques the increasingly reductive, objectifying, and technologized orientation in mainstream biomedicine. Drawing on the methods of hermeneutic phenomenology and existential analysis in the work of Martin Heidegger, Kurt Goldstein, Medard Boss, and Hans-Georg Gadamer, the author seeks to expose this lacuna and explore the ways in which it misrepresents (or misunderstands) the human condition. Whitehead begins by examining the core distinction in the sociology of medicine between “disease” and “illness” and how this distinction maps onto a more fundamental distinction between the corporeal/objective body and the experiential/lived body. Ultimately, the book exposes the tendency in modern medicine to medicalize the human condition and forwards a reorientation framed by what the author terms “existential health psychology.”

Addiction and Change, First Edition - Carlo C. DiClemente 2003-04-02

The stages-of-change model has become widely known as a framework for conceptualizing recovery. Less well known are the processes that drive movement through the stages or how the stages apply to becoming addicted. From Carlo C. DiClemente, codeveloper of the transtheoretical model, this book offers a panoramic view of the entire continuum of addictive behavior change. The author illuminates the common path that individuals travel as they establish and reinforce new patterns of behavior, whether they are developing an addiction or struggling to free themselves from one, and regardless of the specific addictive behavior. The book addresses crucial questions of why, when, and how to intervene to bolster recovery in those already addicted and reach out effectively to people at risk.

Social Psychological Foundations of Health and Illness - Jerry Suls 2008-04-15

Social Psychological Foundations of Health and Illness is a summary of current research in social-health psychology. The chapters, written by distinguished leaders in the field, provide brief surveys of classic developments in each area of study followed by extended discussion of the authors’ research programs. Includes state-of-the-art descriptions of new findings and theories concerning social aspects of physical health and illness. Discusses virtually all of the major topics studied in the contemporary field of social-health psychology. Contains chapters written by leading figures in the field that discuss their own research within the context of classic efforts.

Applied Psychology in Health Care - Donnie J. Wilbanks 2009

Applied Psychology in Health Care Care applies the basics of psychology to provide caregivers with an understanding of the mental health of patients and themselves, The text prepares health care workers to effectively communicate and provide superior patient care. Application sections present listening and communication skills for each area of specialization to improve healthcare at all levels.

The Wiley Encyclopedia of Health Psychology - 2020-11-09

Organized thematically as an A to Z reference encyclopedia across 4 volumes, this comprehensive resource on health psychology provides a concise overview of the ever-expanding interdisciplinary field. The first volume of The Wiley Encyclopedia of Health Psychology covers the biological bases of health behavior, providing information on topics in the broad areas of neuroscience and biopsychology relevant to health behavior. Volume II addresses topics related to theories and data derived from social psychology including health or prevention related behaviors, stress and coping, and the design and evaluation of behavioral interventions. The third volume examines the applied aspects of the field of health psychology including practical topics that clinical health psychologists face in the workplace, issues related to unhealthy behaviors that individuals engage in, behavioral aspects of medical problems, and issues related to the comorbidity of psychiatric disorders and chronic health problems. Volume IV examines special issues in

health psychology covering various historical, philosophical, and conceptual issues. It also considers issues related to diversity and underrepresented/underserved groups. As a whole, this 4-volume set: Delves into topics related to Health Psychology across the subfields of Biopsychology, Social Psychology, Clinical Psychology Appeals to the broader field of Behavioral Medicine, including medical and allied health fields Examines the interconnections between biology, psychology, and socio-environmental factors The Wiley Encyclopedia of Health Psychology is an ideal resource for college and university libraries as well as for professional psychologists and other health care professionals interested in the relationship of psychological and physical well being.

Cultural Psychology of Health in India - Ajit K. Dalal 2016-06-20

Can indigenous healing practices be integrated with medical treatment to promote public health care service in India? This book offers a holistic concept of health, encompassing the four major domains such as prevention, treatment, promotion of good health and rehabilitation. It looks at the fast-growing field of research on health and well-being from a cultural psychological perspective, focusing mainly on indigenous Indian practices. It examines health care systems that have evolved in different cultural set-ups, building on prevailing values, traditions and ethos of particular societies. Straddling both theoretical and practical issues regarding illness recovery, maintenance of good health and enhancing the quality of well-being, it also looks at psychosocial barriers in rehabilitation. The study brings together two diverse streams of health care—modern medicine and traditional Indian systems, including Ayurveda, yoga and folk healing—for their complementary roles in providing holistic and affordable health care services in India.

Health Psychology - David F Marks 2011-01-19

The Third Edition of this landmark best-selling textbook has been thoroughly updated and revised to make it even more essential for course teaching. Retaining the celebrated approach of the previous editions, this new textbook incorporates research from a fuller range of perspectives to provide students with a critical understanding of the full variety of viewpoints. Key features of the third edition: - Extensive pedagogical features, including chapter outlines and summaries of key ideas, and guidelines for further research. Boxed case studies, tables and figures and cutting edge research are integrated throughout to aid students understanding if this fascinating field. - Brand new chapter on Literacy and Communication. - New accompanying companion website with a full suite of lecturer materials and online readings for students.

Introduction to Health Psychology in Australia - Val Morrison 2012

"Introduction to Health Psychology in Australia 2nd edition provides comprehensive, up-to-date coverage of health psychology from an Australian and international perspective. The text covers all mainstream health psychology topics including risk behaviour, stress and illness, family life and public health. Health promotion is discussed throughout."--Back cover.

Oxford Textbook of Global Public Health - Roger Detels 2017

Sixth edition of the hugely successful, internationally recognised textbook on global public health and epidemiology, with 3 volumes comprehensively covering the scope, methods, and practice of the discipline

Foundations of Health Service Psychology - Timothy P. Melchert 2020-04-28

Foundations of Health Service Psychology 2e describes a comprehensive science-based approach to the clinical practice of psychology. It systematically applies scientific advances in understanding human psychology to updating the conceptual frameworks used for education, practice, and research in health service psychology. This new edition includes significant elaboration on recent research. Neural and behavioral science research regarding many aspects of cognition, emotion, and behavior has strengthened substantially over the past decade as has the role of evolutionary theory for understanding why humans are “designed” the way we are. The movement toward integrated primary care has also advanced considerably. These and other topics are updated significantly in this new edition. The new edition is also reorganized to streamline the presentation. Presents a unified conceptual framework for health service psychology Overviews the whole treatment process from a biopsychosocial approach, from intake through outcomes assessment Includes major advances in both the science and practice of psychology Avoids highly technical language so that students and practitioners from across the field can easily follow the discussion

The Psychology of Health and Health Care - Gary Poole 2007-04-05

The Psychology of Health and Health Care: A Canadian Perspective, 3Ce is a valuable resource for

Canadian students, instructors and practitioners of psychology, nursing, medicine, public health and epidemiology. This all-Canadian text introduces the field of health psychology and explains how psychological concepts can be applied to health care delivery in Canada. A new chapter on the Systems of the Body brings a more biological focus to the text, while real-life examples bring immediacy and increased understanding to students. The chapter on health and the internet has been condensed to become a focused module, suitable for class discussion and assignments. The text is refreshed with a new more pleasing two-colour format, and brought up-to-date with updated research and literature with a focus on the Canadian perspective in healthcare. With new information on the privatization of health care, self-accountability, and an expanded section on the feminization of medicine, this text is more current and focused than ever before on the state of healthcare in Canada.

Handbook of Clinical Health Psychology: Disorders of behavior and health - Thomas J. Boll 2002

Handbook of Health Psychology and Behavioral Medicine - Jerry M. Suls 2011-07-06

What psychological and environmental forces have an impact on health? How does behavior contribute to wellness or illness? This comprehensive volume answers these questions and others with a state-of-the-art overview of theory, research, and practice at the interface of psychology and health. Leading experts from multiple disciplines explore how health and health behaviors are shaped by a wide range of psychological processes and social-environmental factors. The book describes exemplary applications in the prevention and clinical management of today's most pressing health risks and diseases, including coronary heart disease, depression, diabetes, cancer, chronic pain, obesity, sleep disturbances, and smoking. Featuring succinct, accessible chapters on critical concepts and contemporary issues, the Handbook integrates psychological perspectives with cutting-edge work in preventive medicine, epidemiology, public health, genetics, nursing, and the social sciences.

Social Psychology of Health and Illness - Glenn S. Sanders 2013-02-01

This book describes how and why "distant" social influences, such as socialization practices, interpersonal relationships, and social organization, are often just as important as medical considerations in determining an individual's tendency toward health or illness. The essays describe some of the pathways through which these social influences are exerted and also offer suggestions as to how these influences can be swayed in the direction of good health. The editors' broader aim is to stress the importance of social psychological orientation as a useful conceptual tool for the analysis of health and illness.

Collaboration Across the Disciplines in Health Care - Freshman 2010-10-22

Bringing together seasoned professionals from many disciplines of medicine, this timely resource helps readers develop communication skills and prepares them to work inter-professionally with those who have different perspectives and thought processes.

[Cambridge Handbook of Psychology, Health and Medicine](#) - Susan Ayers 2007-08-23

Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible, one-stop resource for clinical psychologists, mental health professionals and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international, interdisciplinary cast of authors have reconceptualised their much-acclaimed handbook. The book is now in two parts: part I covers psychological aspects of health and illness, assessments, interventions and healthcare practice. Part II covers medical matters listed in alphabetical order. Among the many new topics added are: diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression and anxiety disorders.

More than Medicine - Robert M. Kaplan 2019-02-01

American science produces the best medical treatments in the world. Yet U.S. citizens lag behind in life expectancy and quality of life. Robert Kaplan marshals extensive data to make the case that U.S. health care priorities are sorely misplaced—invested in attacking disease, not in solving social problems that engender disease in the first place.

Psychology for Medicine and Healthcare - Susan Ayers 2017-12-11

Why is psychology important in healthcare practice? Each person is a unique mix of thoughts, emotions, personality, behaviour patterns, and their own personal history and experiences. Having a thorough understanding of the psychological aspects of medicine and health has become ever more important to ensure that patients receive excellent care and treatment. The new edition is fully up to date with current practices and now includes: New section on epigenetics New examples of models of behaviour focusing on alcohol and smoking A greater focus on the role of partners/family as specific sources of social support in various contexts Increased coverage on NICE guidance More emphasis on psychological interventions The new edition of this bestselling textbook continues to provide a comprehensive overview of the research, theory, application and current practices in the field and is essential reading for all medicine and healthcare students.

[Health Psychology in Nursing Practice](#) - Elizabeth Barley 2016-04-12

Health Psychology in Nursing Practice gives nurses and healthcare practitioners the essentials of health psychology to assist patients and their relatives in adjusting to diagnoses, coping with treatments and other disease-related life changes, managing symptoms and making healthy choices. Directly aimed at nurses, this textbook helps them improve their practice in a very practical way. Key features: * Concise content specifically aimed at nurses and other healthcare professions and taking both an evidence-based and applied approach * Key learning objectives and chapters summaries for revision * Case examples give even more insight into how theory works in the real world * Reflective activities help think about real life practice and quizzes test your knowledge Elizabeth Barley is a Chartered Psychologist, Practitioner Health Psychologist and Registered General Nurse. She is Professor in Health and Wellbeing at the University of West London and Visiting Senior Lecturer at the Florence Nightingale Faculty of Nursing and Midwifery, King's College London.

Health Psychology - Erica Cook 2020-12-30

This accessible primer on health psychology covers the key theories and models of the discipline. Through the use of real-life case studies and examples, it covers a broad range of topics related to the field of health psychology including: health promotion, risky health behaviour and health in healthcare settings. It explains how health psychology serves to not only promote positive health and reduce maladaptive health behaviours, but also support those who are chronically ill. Unlike medicine, health psychology takes a more holistic approach through the interaction of psychological, social and biological factors to improve health. This book outlines the inter-relationship between how we think and feel, our biological systems and the social contexts in which we live. It discusses how belief and attitude can shape behavior, the pivotal role of stress and how we can adjust to chronic illness. Drawing from experience, the authors answer important and common questions like how can we stop people from smoking? Does stress really make us ill? Why don't people take their medication as prescribed? And how can we support people to adjust to a chronic health condition? It also provides a unique focus on children and adolescent health which considers how developmental changes impact health behaviours and subsequent health. It is an essential introductory text suitable for students, professionals and general readers interested in this important and emerging topic area. It also provides useful information for those interested in working in the field by providing an overview of what health psychologists do, where they work and the pathways available to become a registered health psychologist.

The Psychology of Gender and Health - M. Pilar Sánchez-López 2016-12-25

The Psychology of Gender and Health: Conceptual and Applied Global Concerns examines the psychological aspects of the intersection between gender and health and the ways in which they relate to the health of individuals and populations. It demonstrates how gender should be strategically considered in the most routine research tasks—from establishing priorities, constructing theory, designing methodologies, in data interpretation, and how to practically apply this information in clinical contexts. The topics covered in its chapters answer the needs of professionals, students, and faculty, providing an up-to-date conceptual tool that covers the relationships that exist between gender and health. The book will not only help users build expertise in psychology in gender and health, but also contribute to the awareness and training of psychologists as dynamic actors in the implementation of the gender perspective in their studies,

reflections, research, and health interventions. Offers specific literature on the gender perspective in health and psychology Addresses a broad and diverse audience, and its coverage is uniquely comprehensive Utilizes an intersectional approach to race, class, sexual orientation, nationality, disability status, and age Updates on the pressing concerns of gender violence Covers specific content on transgender and same-sex attracted populations that includes a focus on men and masculinity Deals with hot topics on infertility, immigration, and HIV/AIDS

Health Psychology Consultation in the Inpatient Medical Setting - Susan Labott 2018-09

This book describes how health psychologists can work as consultants to medical teams by helping patients adjust to illness, and assessing and treating common issues, including depression, anxiety, pain, delirium and end of life care.

The Psychology of Health, Illness, and Medical Care - M. Robin DiMatteo 1991

Blending social, behavioural, cognitive, emotional, and biological bases, DiMatteo offers a perspective that focuses on individuals: what they think, how they feel, what they do, and why. She examines the many ways in which an individual's psychology influences his or her responses to illness and to the possibility of avoiding illness through health promoting practices. Highlighting individual, intrapsychic, and privately interpersonal aspects of health psychology, DiMatteo portrays the achievement and maintenance of health, coping with illness, and attempts to seek and negotiate medical care as both determinants and expressions of the individual's deepest vision of self.

Psychology for health professionals - Patricia Barkway 2013-06-18

This fully updated second edition is written specifically for health science and nursing students in Australia and New Zealand. Authored by the highly regarded Patricia Barkway, with a diverse range of expert contributors, this Elsevier e-book interprets psychology for nurses, as well as for students of paramedicine, occupational therapy, physiotherapy, public health, pharmacy, psychology, social work and midwifery. Psychology for Health Professionals 2e e-book examines essential psychological theories, placing them within a social context. Acknowledging increasing awareness that behaviour is influenced as much by external factors as biological and psychological ones, the book's first half outlines psychological, lifespan and social theories, then applies them to contemporary health issues in later chapters. A key focus of this leading psychology e-book is examining individual personality and psychological theory within the social context of people's lives. New content includes current, evidence-based research, references and clinical examples relevant to interdisciplinary, contemporary healthcare practice. Issues of cultural safety and awareness have been strengthened throughout; there is a new section on chronic illness and a focus on recovery. This introductory psychology e-book does not assume its readers will have prior 'psychology' knowledge, yet it can easily be used well beyond first-year university. Critical thinking questions Classroom activities Research focus boxes providing examples of current research and evidence-based practice Interdisciplinary case studies throughout Further resources and web links to provide further reading and research and up-to-date information, data and statistics

Psychology for Medicine and Healthcare - Susan Ayers 2021-04-14

As our understanding of what constitutes 'good health' grows, so does our need to understand the psychological aspects of medicine and health, as well as the psychological interventions available in healthcare. This new edition of this bestselling textbook provides a comprehensive overview of the research, theory, application and current practices in the field, covering topics from epigenetics to social determinants of health and transdiagnostic approaches to mental health and everything in between. An essential read for all medicine and healthcare students, this text is now accompanied by a suite of online resources for all your learning needs.

Decision Making in Health Care - Gretchen B. Chapman 2003-09

Decision Making in Health Care, first published in 2000, is a comprehensive overview of the field of medical decision making.

The Psychology of Health - Keith Phillips 2002-04-12

The first edition of The Psychology of Health has become the standard recommended text for many courses. This completely revised and updated second edition contains new material in all chapters and has several

additional chapters on such topics as cancer, nutrition and exercise, social drugs, and the impact of social inequalities upon health. The Psychology of Health will continue to be invaluable for students of health psychology and related fields, including nursing, social work, community care and health studies. The Psychology of Health, second edition, is: * comprehensive: its four parts cover the scope and ambition of health psychology, acute and chronic illness, hospitalisation and the management of disease, primary prevention and health promotion, the importance of the family and the wider social context for health * user-friendly: includes tables, figures and boxes with discussion ideas and questions in each chapter. Prefaces to each part, key point summaries and a glossary of terms give students a useful framework for revision * clearly written by an experienced team involved in undergraduate teaching * a source for further study: with annotated guides to reading and an extensive bibliography.

Psychology of Health and Fitness - Barbara Brehm 2014-02-19

Learn how to apply the psychology of health and fitness to your exercise programs and to solve the motivational and behavioral problems you'll encounter every day in practice. You'll explore the scientific principles and variables that influence behavior as you develop the confidence to design effective lifestyle interventions for disease prevention and develop individualized exercise programs that promote optimal health.

Psychosocial Aspects of Health Care - Meredith E. Drench 2011-01

This timely text offers comprehensive, integrated coverage of psychosocial topics involving clients, families, and other caregivers affected by pathology, impairment, functional limitation, and/or disability. To engage students and promote insight, PSYCHOSOCIAL ASPECTS OF HEALTHCARE, 3/e relies on real-life student journal entries from multiple disciplines. A current, evidence-based, extensive literature review forms the core of the text, connecting theory to practice. Reflective Questions and Case Studies after each chapter stimulate awareness and promote dialogue; relevant clinical examples and tables are presented throughout. This edition's updates include broader coverage of multicultural issues, spirituality, and chronic conditions; a new chapter on abuse and neglect; thorough coverage of PTSD; improved organization; and a new Online Manual containing extensive readings and resources.

Control and the Psychology of Health - Jan Walker 2001

* What is meant by 'control' in the psychology of health? * How do different control-related concepts relate to each other? * How can control be measured? This ambitious and much needed text presents a comprehensive review of theories and concepts that are central to our understanding of the psychology of health, including perceived control, locus of control, learned helplessness, self-efficacy and social support. The origin and theoretical development of each concept are explored, and the links between them analysed. Their current status as variables in health-related research is examined and examples of their applications in a variety of health care contexts are given, along with an overview of tools of measurement. The final chapters bring these concepts together within a single theoretical framework, which explains the potential interaction of personal control and social support in promoting and sustaining psychological well-being. For student courses, this book will enhance the understanding of control theory and its relevance to health behaviour change and health care interventions. In addition, it will aid conceptual clarity and measurement for those wishing to design research based on the concept of control.

The Psychology of Women's Health and Health Care - Jo Campling 1993-06-18

The psychology of women's health is an area traditionally controlled by male-orientated scientists, psychologists and doctors. Women by definition have been unquestioningly seen and treated as deviant from the male norm. This model has been challenged by feminist historians and sociologists but not by psychologists who seem to have implicitly accepted the medical model and emphasised the pathology in women's behaviour and emotions. In this book women's views and their experience of their own health and health care are taken seriously and analysed within a psychological and a feminist angle.

Introduction to Psychology for Health Carers - Julia Russell 2005

This book provides an accessible introduction to psychological research and theory, relating these to healthcare experiences and practice. It explains how psychological theories can be used to interpret, explain and actively influence a student's own experience of, and practice in, everyday contexts. The book includes student interviews to enhance applicability of examples offered.